



June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Salisbury Steak with Rice and Peas & Carrots	2 Montreal Baked Chicken with Colby Cheese sprinkle, Sweet Corn and Broccoli & Cauliflower Mix	3 Baked Mega Salmon Cake, Sweet Corn Cake and Red Cabbage	4 Vegetable Lasagna with Green Beans and Chocolate Cake	5 Montreal Seasoned Pork Tenderloin with Rice and Capri Mixed Vegetables	6 Meatloaf (Beef or Turkey), Mashed Potatoes w/Gravy and Crinkle Cut Carrots
7 Italian Sub Sandwich (hard salami, pepperoni & roasted ham) with Pretzel Sticks, Fruit Cup,	8 Breaded Pollock Fish w/Butternut Squash & Autumn Blend Mixed Vegetables	9 Spinach Salad (cucumbers, strawberries, blueberries, baby spinach), Yellow Cake with Buttercream Icing, Broccoli & Cauliflower Mix	10 Quarter Pound Parsley Burger (Turkey or Beef; tomato & lettuce), Baked Crinkle Fries and Carrots	11 Chicken Strips and Pasta in Tomato Basil Sauce with Green Beans & Corn w/peppers	12 Italian Meatballs (beef or turkey) w/Marinara Sauce, Red Cabbage, Cinnamon Roll	13 Catfish Nuggets, Coleslaw and Sweet Corn
14 BBQ Chicken Wings, Potato Salad and Capri Mixed Vegetables	15 Chicken Strips with Zesty Orange Rice, Red Beans and Corn w/peppers	16 Mediterranean Whitefish, Yellow Rice and Green Beans	17 Tex Mex Casserole (ground turkey, corn, salsa, black beans, rice), Broccoli & Cauliflower Mix, dinner Roll	18 Charred Steak Patty w/ Carrots and Brussels Sprouts	19 Sauteed Steak & Peppers over Rice, Capri Mixed Vegetables, Apple Pie Slice	20 Pulled Pork BBQ Sandwich, Garlic Spinach, Chocolate Chip or Peanut Butter Cookie
21 Honey Mustard Chicken Wingdings, Maccaroni Salad, Scandinavian Mixed Vegetables	22 White Macaroni & Cheese with Green Beans and Carrot Cake	23 Meatball Sub (ground beef or turkey) Sandwich, Baby Carrots, Sock-it-to-Me Cake Slice	24 Southern Seasoned Pollock Baked Fish, Mashed Potatoes, Sauteed Zucchini & Onions	25 Honey Glazed Garlic Chicken Wings, Green Peas, Maccaroni Salad	26 Smothered Porkchop, Sweet Corn, Scandinavian Mixed Vegetables	27 Lemon Pepper Shrimp over Rice, Okra & Tomatoes, Cinnamon Swirl Cake
28 Stuffed Cabbage Roll (beef & rice), Mixed Vegetables and Cheesecake (assorted flavors)	29 Buffalo Chicken & Roasted Turkey Sandwich on Burger Bun w/Red Onions & Provolone Cheese & Mayo, Cauliflower and Cheesecake Slice	30 Black Forrest Ham & Swiss Cheese Sub Sandwich with Mayo & Mustard, Vanilla or Chocolate Pudding and Veggie Chips	Substitutions The following side items can be substituted under the for any menu item, when available, this month: Vegetable Substitutions: Broccoli, Spinach, Carrots, Yellow Squash Starch Substitutions: Macaroni Salad, Italian Pasta Salad, Potato Salad, Dinner Roll			