



August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Beef & Rice Stuffed Cabbage Roll, Sauteed Yellow Squash, Baked Beans
2 Rigatoni Pasta w/Diced Turkey Meat Sauce, Cucumber Salad and Dinner Roll	3 Louisiana Seasoned Whitefish (non-spicy), Rice and Carrots	4 Herb Roasted Turkey Tenderloin, Capri Mixed Vegetables and Rice w/Gravy on top	5 Garlic & Lemon Pepper Roasted Pork Tenderloin, with Green Beans and Sweet Potato Souffle	6 Baked Rosemary & Turmeric Chicken w/Smoked Paprika, Carrots and Lemon Bar or Snicker Cookie Bar	7 Beef Lasagna with Garlic Bread and Capri Mixed Vegetables	8 BBQ Pulled Pork Sliders(2), Sweet Corn and Peas & Carrots
9 Lemon Pepper & Garlic Seasoned Whitefish with Brown Rice and Crinkle Cut Carrots	10 Beef Taco Casserole with Cabbage and Diced Peaches	11 Baked Chicken in Sweet Chili Sauce, Sweet Corn and Capri Mixed Vegetables	12 Baked Curry & Basil Chicken with Green Beans and Sweet Corn Cake	13 Tatertot Ground Beef Casserole with Carrots and Carrot Cake	14 Italian Chicken Skillet with Potatoes, Baked Beans and Scandinavian Mixed Vegetables	15 Lemon Pepper Baked Salmon with Scallions Atop, Coleslaw and Beets
16 Shrimp & Chicken Linguini w/Marinara Sauce on side, Garlic Spinach, Sliced Pears	17 Breaded Chicken Tenders with French Fries and Coleslaw	18 Fish Street Tacos w/Red Cabbage, Sour cream & Lime Juice and Diced Tomatoes, Green Beans and Rosted Corn Medley	19 Cincinnati Chili Spaghetti with Shredded Cheddar Atop, Peas & Carrots and Cake slice (Marble, Vanilla or Cinnamon Swirl)	20 Beef Macaroni in Marinara Sauce w/Parmesan Cheese on top, Garlic Spinach and Angel Food Cake Dessert	21 LimeChili Baked Chicken, Green Beans and Sweet Corn	22 Baked Whitefish w/Sweet Chilli Drizzle, Coleslaw, Capri Mixed Vegetables
23 4 Italian Meatballs (pork) w/Marinara Sauce on Side, Mixed Vegetables and Italian Pasta Salad	24 Cheese or Pepperoni Pizza w/Garlic Bread and Italian Green Beans	25 Turkey Waldorf Salad with Unsalted Crackers on Side, Mini-Danish and Three Bean Salad	26 Oregano & Cilantro & Paprika Baked Chicken, Potato Salad and Sweet Carrots	27 Ground Beef & Rice Skillet with Red Cabbage and Blueberry Cobbler	28 Herbs de Provence Baked Whitefish (Cod or Swai), Beets and Sugar Snap Pea Vegetable medley	29 Onion & Garlic Sauteed Chicken Strips with Brown Rice and Green Peas
30 Tuna Pasta Cold Salad on Bed of Lettuce with Coleslaw and Italian Green Beans	31 Lamb Stuffed Buttered Baked Sweet Potato (w/celery, onions, garlic), Green Beans, White Chocolate & Macadamia Nut Cookie	Substitutions The following side items can be substituted under the for any menu item, when available, this month: Vegetable Substitutions: Broccoli, Spinach, Carrots, Yellow Squash Starch Substitutions: Macaroni Salad, Italian Pasta Salad, Potato Salad, Dinner Roll				